



St. Vincent and the Grenadines **Sailing Week 2025.**

Minimum Safety Recommendations.

The following is a list of The St. Vincent and the Grenadines Sailing Week MINIMUM safety recommendations. All boats are strongly urged to comply with The St. Vincent and the Grenadines Sailing Week Minimum Safety Recommendations as posted on the SVG Sailing week website and on the Official Notice Board. These recommendations are intended as minimum standards and shall not supersede nor modify any of the World Sailing Racing Rules of Sailing Part 1 - Fundamental Rules, or other recommendations as set forth in the Notice of Race or Sailing Instructions. It is further recommended that participants utilize US Sailing Safety Equipment Requirements.

MINIMUM RECOMMENDATIONS: 1. **Softwood plugs, or other suitable materials**, tapered to fit into all through-hull fittings.

2. **Lifelines and bow and stern pulpit** (on boats originally so equipped) or lifelines secured in such a way as to form a stern pulpit of not less than 18" in height, except lifelines may be split at the bow to facilitate sheeting. **Lifelines** shall be taut with not more than seven feet between supports, taut being defined as no apparent sag between supports. Lifelines shall be attached securely and in such a way that no part of the system is elastic in nature. Regarding hiking and positioning of crew on the rail, the requirements of RRS rule 49.2 must be met.

3. **Fire extinguisher, charged and in date**, accessible from the deck.

4. **One bucket of not less than two gallons capacity**, fitted with lanyards of suitable strength and length.

5. One anchor with chain of suitable size for the boat's length and displacement with a suitable rode of at least 150 feet in length. No anchors or any part of an anchor shall be carried over the bow or stern while racing. (cSIs 2.4).

6. **A First Aid Kit** suitable for rendering first aid treatment in minor emergencies.

7. **Charts** covering the area to be raced.

8. **Lifejackets** constructed to an accepted standard for each person on board with a whistle attached. Lifejackets shall be of suitable size for the intended wearer and be readily accessible.

9. **One life-ring** capable of supporting the largest member of the crew in the water and positioned above deck such that it is immediately available for use in an emergency.
10. **Heaving line** at least 50 feet in length, capable of floating, positioned above deck such that it is immediately available for use in an emergency.
11. **Three red hand flares** and two orange smoke flares.
12. **VHF radio** capable of transmitting and receiving on the emergency and Race Committee channels.
13. **A compass** suitable for navigation.
14. **A shut off valve** in working order shall be fitted to each fuel tank.
15. **Hatches, companionways, and ports shall be capable of being watertight** while racing.
16. **Cockpits** must be self-bailing and fitted with adequate drains.
17. **Sufficient water shall be carried** on board so that at the finish of each race there remains at least one pint per person